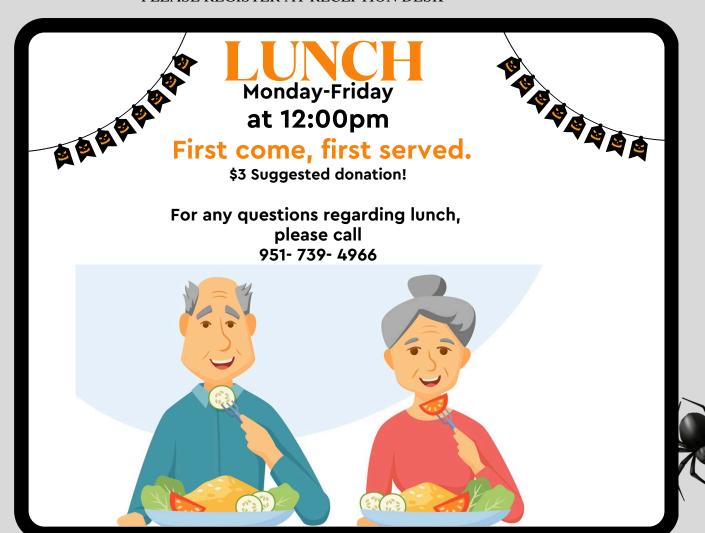
Activities are provided free of charge unless indicated

PLEASE REGISTER AT RECEPTION DESK





Corona Senior Center Staff

Lydia Bouroumand Program Coordinator Elaina Toth

Assistant Recreation Coordinator

Neda Gogani Senior Community

Services Leader Amal Mahran

Senior Community Services Leader

Jacky Wilson Senior Community

Services Leader Kim Brown

Community Services

Leader Les Brown

Community Services Leader

Lauryn Carter **Community Services**

Leader Lourdes Fel

Community Services Leader

Jessica Martinez Community Services Leader

Julia Monir Community Services Leader

Claudia Romero Community Services

Leader Grecia Santiago Community Services

Leader **Penny Williams**

Leader

Community Services

Senior Travel Program Oak Glen, California

Friday October 18 9:30am-6:00pm \$65 Per Person



PICK UP AND DROP OFF AT CIRCLE CITY CENTER

Witching You a Very **Happy Halloween!**



Corona Senior Center 921 South Belle Avenue Corona, CA 92882 (951) 736-2363 www.CoronaCA.gov

Hours of Operation Monday - Thursday: 9:00am to 6:00pm Friday: 9:00am to 3:30pm

Closed: Saturdays & Sundays

Thank You To Our Sponsors

AARP. Alpha Care. Citrus Valley Medical. 211, Community Action Partnership. Corona Dial-A-Ride. Corona Fire Department. Corona Police Department. Public Library. Dr Rios Clinica Medica Familiar. Estancia Del Sol. HICAP. Ibrahim Insurance. Law Steady. Mint Insurance. MV Transportation. Neighborhood Healthcare PACE. Office on Aging. SBHIS. Sodexo. Starbucks. Thomas Miller Mortuary and Crematory. VNA Hospice



9:00am Pilates 9:15am Men's Exercise 9:30am Party Bridge 10:00am Women's Exercise 12:00pm Lunch 1:00pm Balance and Flexibility 2:00pm- 3:30pm Bingo	7:00am Arthritis Exercise 9:00am-11:15am Mixed Media 10:15am Combination Ex. A 11:00am Combination Ex. B 12:00pm Lunch 2:00pm-3:30pm (Dark)Tai-Chi 2:00pm-4:00pm Knit-Crochet 4:00pm-5:30pm Line Dance(Beg.)	9:15am Men's Exercise 10:00am-12:00pm Ladies Card Club 10:00am-11:30am Line Dance Imp/Int 12:00pm Lunch 1:00pm-3:00pm Beginning Crochet 2:00pm-3:30pm (Dark) Tai Chi	1:30pm-3:00pm (Dark) Line Dance (Beg.) 2:00pm Grief Support Group	9:00am-11:15am Mixed Media 9:00am-12:00pm (Dark) Beg. Quilting 9:30am Balance & Flexibility 11:00am Men's Exercise 12:00pm Lunch 1:30pm-2:30pm Bingo	Saturday Classes Listed in the Columns to the Left Occur Every Week on the Days/Times Shown. CLOSED SATURDAYS & SUNDAYS
October	9:30am Information Table Neighborhood Healthcare PACE 11:00am Legal Services Appt. Required Sponsored by Mark Lansing Esq. Law Steady 1:00pm Women's Improvement Bridge	Health Insurance Counseling Advocacy Program 12:30pm Presentation DOC Talk Dr. Sanchez (Dementia) Mint	3	10:30am Computer Basics Pre-Registration Required 11:00am Mature Women's Self Defense (4 Weeks Course) Pre-Registration Required 12:15pm Birthday Celebration Sponsored by Alpha Care No Balance & Flexibility	3
7	9:00am-11:00am Library Lounge	9	9:30am Information Table Thomas Miller Mortuary and Crematory 1:00pm-3:00pm Silent Disco Sponsored by Alpha Care Pre-Registration Required No Grief Support	Self Defense (4 Weeks Course)	12
14 10:30am Pre- Registration Required SBHIS Craft Class	9:15am Information Table InnovAge 1:00pm Women's Improvement Bridge	Sponsored by Citrus Valley Medical	""	9:30am-6:00pm Travel Program Oak Glen, California Pre-Registration Required 10:30am Computer Basics Pre-Registration Required 11:00am Mature Women's Self Defense (4 Weeks Course) Pre-Registration Required	19
21 2:00pm Bingo Ibrahim Insurance Agency	9:30am Information Table Ibrahim Insurance Agency	9:30am Blood Pressure Screening Sponsored by Citrus Valley Medical 12:30pm Presentation DOC Talk Dr. Magina (Depression) Mint	Mark Lansing Pre- Registration Required	Mature women's	26
28 2:00pm Bingo Thomas Miller Mortuary and Crematory	29	11:00am-11:30am 12:45pm-1:15pm Medicare 2025 Q & A SBHIS Presentation Kristina Merrick	10:00am Information Table Optum Care Network	"We can do anything if we stick to it long Helen Kelle	enough".