

Emergency Kit Checklist



After an emergency, you may need to survive on your own for several days. Being prepared means having your own food, water and other supplies to last for at least 72 hours. Make sure your emergency kit is stocked with the items on the checklist below.

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|---|---|--|--|---|--|--|
|  Water |  Food |  Medications |  First Aid Kit |  Baby Supplies |  Pet Supplies |  Bleach & Eye-Dropper |
|  Emergency Blanket |  Blankets |  Sleeping Bags |  Glasses & Eye Protection |  Extra Clothing |  Personal Hygiene Items |  Sani-Wipes |
|  Towels |  5-Gallon Bucket |  Trash Bags/ Plastic Sheets |  Tent |  Backpack |  N95 Mask |  Work Gloves |
|  Flashlight |  Batteries |  Matches |  Candles |  Lightsticks |  Medical Gloves |  Multi-purpose Tool w/ Knife |
|  Wrench, Pliers & Crowbar |  Rope/Cord |  Duct Tape |  Can Opener |  Kitchen Items |  Scissors |  Fire Extinguisher |
|  Games |  Pen & Paper |  Radio |  Cell Phone & Charger |  Whistle |  Signal Mirror |  2-Way Radios |
|  Paper Towels |  Toilet Paper |  WD-40 |  Hard Candy |  Trail Mix |  Bug Spray |  Sun Screen |
|  Emergency Plan |  Family ID Documents |  Maps |  Compass |  Extra Keys |  Cash & Bank Checks |  Phonebook |

Check your kit every 6 months and replace outdated supplies, just like you would your smoke detector batteries.

References & Additional Resources